St. Peter's Church, Padungan
St. Joseph's Cathedral B. Sacrament Chapel
Divine Mercy Apostolate
Daily prayer at 3pm
Contact: Mr. Andy Lau 011-11466440

St. Joseph's Cathedral, Kuching

Lord Jesus Healing Group (Mandarin) Monthly meeting every 3rd Tuesday 7.30pm -930pm in St. Augustine Room, Parish Centre Contact: Mr. Joseph Wong 016-8898827

St. Joseph's Cathedral, Kuching

Holy Cross Ministry of Deliverance & Healing Prayer meeting: Tuesday 7.30 - 9pm in ACCPC Contact: 082-363945

Blessed Sacrament Church, Kuching

Emmaus Servant Community Prayer Meeting: BSC Hall Thursday 7.30-9.30 pm in Chinese Friday 7.30-9.30 pm in English Contact: Mr. Mervyn 0168903997

St. Ann's Church, Kota Padawan

St. Ann's Parish Group
Monthly Praise and Worship with healing
and deliverance on last Sunday of the month
7.30pm – 9.30pm in St. Ann's Church.
Contact: 082-611757 or Patrick Lomas 0138080994.

St. Theresa's Church, Serian

The Little Flower Prayer Group
Contact: Mr. Daniel Bundai 011-15422730

St. Stephen's Church, Bau

Weekly CCR prayer meetings on Friday 8pm-930pm and Charismatic Mass with healing on every 1st Friday 8pm - 9.30pm Contact: Mr. Andrew Jukah 019-8364597

St. Jude's Church, Bunan Gega

Charismatic Prayer group visits kampungs every week

Contact: 082-895167



Say "NO" to unauthorized persons

The faithful are strongly advised NOT to simply seek help from any persons claiming to be healers or exorcists even if they are known to the faithful, as this may create openings for evil spirits to enter their lives.

Appointed exorcists in Kuching Archdiocese

His Grace, Archbishop Simon Poh, has appointed Fr. Larry Tan, SJ, and Fr. Don Don Ramerez, OFM, as Exorcists, effective 1st October 2018 to 31st December 2019. Concurrently, Fr. Larry and Friar Don Don also function as Spiritual Advisor and Assistant Spiritual Advisor respectively to the newly established Kuching Archdiocesan Ministry of Deliverance and Exorcism (KAMODE).

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Understanding Deliverance, Healing & Exorcism in the Catholic Church

Kuching Archdiocesan Ministry of Deliverance & Exorcism (KAMODE)

Jesus rebuked the evil spirit, "Be silent, and come out of him!" (Mark 1:25)

Our Vision

We are servants of God empowered by the Holy Spirit to be Christ's wounded healers to a world in need of reconciliation.

Our Mission

We help people gain freedom *from* all forms of bondage, and freedom *for* service to Christ and to humanity.

Deliverance & Exorcism in the Catholic Church Healing, deliverance and exorcism are integral to the saving mission of Jesus Christ, who wants to deliver humanity from all kinds of bondage. From the Bible we read about Jesus performing various types of miracles: healing the blind and the lame, calming storms and casting out unclean spirits, etc.

By Christ's victory over the devil, the Catholic Church shares in this victorious power to cast out demons (cf Mt 10:1; Mk 16:17). Christ himself gave the Twelve the power and authority to cast out demons in his name (cf Mk 3:15). Through Apostolic authority, bishops appoint exorcists to cast out demons from possessed persons.



"The devil does not need to possess us. He poisons us with the venom of hatred, desolation, envy and vice," says Pope Francis in his Encyclical "Rejoice and Be Glad."

The Lord has given us spiritual weapons to fight the devil - through prayer, Word of God, Mass, Eucharistic adoration, confession, works of charity, community life and missionary outreach.

The Bible tells us that our battle against the devil is a spiritual one and we must be prepared at all times to put on the full armour of God (cf Eph 6:13-18) to resist the devil (cf 1Pet 5:8).

<u>Difference between deliverance and exorcism</u> Deliverance and exorcism are two different forms of spiritual intervention.

In deliverance, a person often experiences inner healings and feels liberated from his or her wounds of sin like deep-seated hatred or painful negativities as traumas tend to be openings for demonic obsession and oppression. Any priests or approved prayer groups or lay Catholics can do deliverance.

In an exorcism, an appointed exorcist commands demons in the name of Jesus to leave a possessed person.

<u>Difference between minor & major exorcism.</u>

A priest performs a *minor* exorcism during the Rite of Christian Initiation of Adult (RCIA) and the rite of Baptism for Children to destroy the "rights" of the devil over the unbaptized and thus free them from the devil's dominion.

An exorcist performs a *major* exorcism to expel demons from a possessed person in the name of Jesus only after a thorough investigation has been carried out to ensure the symptoms of possession are real.

Doorways for demons to enter our lives

In recent times we see more and more people are turning their backs on God and thus opening up doorways for the devil to enter their lives through occult practices like black magic, sorcery and witchcraft, etc.

Other doorways include a growing fascination and curiosity in the psychic, paranormal or New Age activities, and sinful addictions and lifestyles that make them vulnerable to demonic attacks.

Don't get sidetracked

Lest we get sidetracked by the drama of deliverance and exorcism, we need to stress that by turning our backs on God, we expose ourselves to the "wickedness and snares of the devil."

The main thrust of deliverance and exorcism

It is to set a person free from all forms of bondage and to help him/her experience the unconditional love of God. Thus it is crucial for a person to show an inner disposition to repent or change his/her sinful lifestyle and return to God before and after deliverance or exorcism.

We want to help you

For those who are spiritually afflicted, they can seek help from their respective parish priests. They can also approach the following prayer groups in the Archdiocese of Kuching for help. Their regular prayer meetings:

St. Joseph's Cathedral, Kuching

Bread of Life Community
Sunday prayer meeting at Cathedral's Day
Chapel, 7.30pm - 9.30pm

Contact: Mr. Paul Wong 011-36350939