

SmartLoving Engaged Course 5th March to 23rd April 2023

All sessions to start with ZOOM at 7.30 pm sharp (unless stated otherwise)

5th March 2023	Natural Fertility - Billings Ovulation Method®
12th March 2023	1 st Session – Mission to love
19 th March 2023	Natural Fertility - Billings Ovulation Method® (Follow-up)
26 th March 2023	2 nd Session Dialogue – Being One
2 nd April 2023	3 rd Session - Knowing me, knowing you
9 th April 2023	4 th Session - Building Unity
16 th April 2023	5 th session - Sex, Sacred Embrace
23 rd April 2023	6 th session - Soul Mates for Life

Facilitator for Natural Fertility is Dr. Chan Lek Lim

Facilitators for SmartLoving Course are Dr. Francis Ting & Dr. Lillian Liu

***Note*:** For participants of the 8-Sessions SmartLoving Engaged Course

1. Participating couples are required to attend all the sessions and homework exercises before Pre Marriage Certificate can be issued.
2. We appreciate all participants to commit these 8 Sundays and to do their weekly exercises assigned in order to follow the course.
3. Any couples who missed any session may need to replace the missed session(s) before the next session. If not possible, then they may need to stop temporary the course and continue with the next batch in July 2023.
4. Rescheduling of session(s) is discouraged unless unavoidable.

Happy Smartloving

Course Coordinator:

Bro Anthonius Lapan Sindang 019 818 2725
Christian Family Life Commission
Kuching Archdiocese