

## SmartLoving Engaged Course

All sessions to start with ZOOM at 7.30 pm sharp (unless stated otherwise)

Sundays	Session
1st Oct	Natural Fertility - Billings Ovulation Method®
8th Oct	1 <sup>st</sup> SL Session - Mission to love
15 <sup>th</sup> Oct	Natural Fertility - Billings Ovulation Method® (Follow-up)
22 <sup>th</sup> Oct	2 <sup>nd</sup> SL Session Dialogue - Being One
29 <sup>th</sup> Oct	3rd SL Session - Knowing me, knowing you
5 <sup>th</sup> Nov	4 <sup>th</sup> SL Session - Building Unity
12 <sup>th</sup> Nov	5 <sup>th</sup> SL Session - Sex, Sacred Embrace
19 <sup>th</sup> Nov	6 <sup>th</sup> SL Session - Soul Mates for Life

Course facilitators from

Dr. Chan Lek Lim (BOM®)

Dr. Francis Ting & Dr. Lillian Liu (Smartloving - SL)

Christian Family Life Commission  
Kuching Archdiocese